

## Väliajat 1.8.2019

### Rata A 6,5km, tilanne rasteilla, rastivälien ajat

	1. [106]	2. [105]	3. [090]	4. [104]	5. [097]	6. [095]	7. [094]	8. [093]	9. [096]	10. [101]	11. [112]	12. [108]	13. [150]	Tulos
1. Vapa Marko	2-05:07 2-05:07	1-08:56 1-03:49	1-11:54 1-02:58	1-14:24 1-02:30	1-23:47 1-09:23	1-28:01 1-04:14	1-32:37 1-04:36	1-35:15 1-02:38	1-38:01 1-02:46	1-40:53 1-02:52	1-44:18 1-03:25	1-47:24 1-03:06	1-49:25 1-02:01	49:25
2. Lamminaho Hannu	1-04:58 1-04:58	5-09:45 5-04:47	4-12:55 2-03:10	5-16:49 8-03:54	2-26:26 2-09:37	2-30:50 2-04:24	2-37:10 2-06:20	2-42:20 6-05:10	2-46:13 8-03:53	2-49:33 2-03:20	2-53:06 2-03:33	2-56:42 2-03:36	2-59:52 8-03:10	59:52
3. Luomanperä Juha	4-05:16 4-05:16	3-09:30 3-04:14	5-13:27 8-03:57	4-16:44 2-03:17	3-27:21 3-10:37	3-32:50 4-05:29	3-41:16 5-08:26	3-45:01 2-03:45	3-48:19 4-03:18	3-52:53 9-04:34	3-56:52 5-03:59	3-1:02:12 7-05:20	3-1:04:50 6-02:38	1:04:50
4. Konstenius Jani	4-05:16 4-05:16	4-09:35 4-04:19	3-12:47 3-03:12	3-16:19 5-03:32	6-30:43 8-14:24	7-38:11 9-07:28	4-45:09 3-06:58	4-50:03 4-04:54	4-53:23 5-03:20	4-57:17 5-03:54	4-1:01:25 7-04:08	4-1:05:39 4-04:14	4-1:08:07 5-02:28	1:08:07
5. Höynälä Markku	8-06:10 8-06:10	8-11:45 6-05:35	6-15:14 6-03:29	7-19:04 7-03:50	7-32:24 6-13:20	6-37:19 3-04:55	5-46:19 6-09:00	5-52:24 8-06:05	5-55:57 7-03:33	5-59:27 3-03:30	5-1:03:32 6-04:05	5-1:08:07 5-04:35	5-1:10:28 3-02:21	1:10:28
6. Höynälä Raimo	9-06:17 9-06:17	9-14:03 9-07:46	9-17:15 3-03:12	8-20:32 2-03:17	9-35:50 9-15:18	9-41:49 6-05:59	9-49:50 4-08:01	7-54:44 4-04:54	7-57:58 3-03:14	6-1:01:42 4-03:44	6-1:05:35 3-03:53	6-1:10:16 6-04:41	6-1:12:33 2-02:17	1:12:33
7. Ponkala Risto	3-05:12 3-05:12	2-09:19 2-04:07	2-12:40 5-03:21	2-16:01 4-03:21	4-28:14 5-12:13	4-34:47 8-06:33	7-49:23 9-14:36	6-53:47 3-04:24	9-58:56 9-05:09	9-1:03:07 6-04:11	9-1:07:45 9-04:38	7-1:11:42 3-03:57	7-1:15:23 9-03:41	1:15:23
8. Tolvanen Elias	6-05:23 6-05:23	6-11:23 8-06:00	7-15:15 7-03:52	6-19:02 6-03:47	5-30:03 4-11:01	5-36:24 7-06:21	6-46:34 8-10:10	8-54:51 9-08:17	6-57:55 2-03:04	7-1:02:08 7-04:13	7-1:06:02 4-03:54	8-1:16:52 9-10:50	8-1:19:13 3-02:21	1:19:13
9. Tolvanen Heidi	7-05:50 7-05:50	7-11:28 7-05:38	8-15:45 9-04:17	9-21:34 9-05:49	8-35:06 7-13:32	8-40:41 5-05:35	8-49:46 7-09:05	9-55:06 7-05:20	8-58:32 6-03:26	8-1:03:02 8-04:30	8-1:07:20 8-04:18	9-1:17:09 8-09:49	9-1:20:08 7-02:59	1:20:08

### Rata B 4,9km, tilanne rasteilla, rastivälien ajat

	1. [106]	2. [090]	3. [103]	4. [096]	5. [093]	6. [095]	7. [102]	8. [108]	9. [150]	Tulos
1. Kristo Jarkko	1-04:43 1-04:43	1-08:29 3-03:46	2-16:40 2-08:11	3-23:05 5-06:25	3-26:32 1-03:27	1-33:38 3-07:06	1-40:16 2-06:38	1-46:39 1-06:23	1-48:41 1-02:02	48:41
2. Lehtoaho Jaakko	2-05:31 2-05:31	2-08:30 2-02:59	3-17:27 3-08:57	2-22:06 1-04:39	1-26:05 2-03:59	2-34:05 4-08:00	4-45:25 7-11:20	2-52:30 2-07:05	2-54:33 2-02:03	54:33
3. Törmäkangas Erkki	5-06:33 5-06:33	4-10:41 4-04:08	4-20:02 5-09:21	4-25:59 3-05:57	4-30:54 4-04:55	3-37:29 2-06:35	2-44:25 3-06:56	4-54:22 5-09:57	3-59:23 7-05:01	59:23
4. Nissinen Lari	6-06:42 6-06:42	5-10:50 4-04:08	5-20:04 4-09:14	5-26:08 4-06:04	5-31:09 5-05:01	4-37:40 1-06:31	3-44:41 4-07:01	3-54:17 4-09:36	4-59:31 8-05:14	59:31
5. Pöyry Tomi	3-05:37 3-05:37	2-08:30 1-02:53	1-16:39 1-08:09	1-22:05 2-05:26	2-26:26 3-04:21	6-54:10 7-27:44	6-59:52 1-05:42	5-1:07:39 3-07:47	5-1:10:17 3-02:38	1:10:17
6. Rantakeisu Pauliina	7-06:53 7-06:53	7-12:15 8-05:22	8-26:28 8-14:13	6-34:15 6-07:47	6-41:26 7-07:11	5-49:53 5-08:27	5-59:25 6-09:32	6-1:10:33 6-11:08	6-1:13:30 5-02:57	1:13:30
7. Viiri Reima	8-09:50 8-09:50	8-14:06 6-04:16	7-24:26 7-10:20	7-41:50 7-17:24	7-47:27 6-05:37	7-56:58 6-09:31	7-1:04:53 5-07:55	7-1:20:22 7-15:29	7-1:25:02 6-04:40	1:25:02

Kuure Marko	4-06:25	6-11:10	6-21:15						hyl.
	4-06:25	7-04:45	6-10:05	8-22:58		8-16:42	4-02:54		

### Rata C 3,4km, tilanne rasteilla, rastivälien ajat

	1. [107]	2. [106]	3. [104]	4. [112]	5. [103]	6. [102]	7. [108]	8. [150]	Tulos
1. Katri Kela	4-05:24	9-10:50	3-16:18	4-22:37	2-28:57	2-33:05	1-42:32	1-45:44	45:44
	4-05:24	10-05:26	1-05:28	2-06:19	4-06:20	2-04:08	1-09:27	1-03:12	
2. Tilja Pekka	2-05:04	2-09:10	2-15:04	2-21:42	4-29:35	4-34:02	3-43:51	2-47:35	47:35
	2-05:04	8-04:06	4-05:54	4-06:38	6-07:53	4-04:27	2-09:49	3-03:44	
3. Timonen Maarit	3-05:05	1-09:02	1-14:55	1-21:30	3-29:27	3-33:53	2-43:42	3-51:13	51:13
	3-05:05	6-03:57	3-05:53	3-06:35	7-07:57	3-04:26	2-09:49	11-07:31	
4. Essi Ylikitti	5-05:35	7-10:42	4-16:29	3-22:23	1-27:42	1-31:37	5-48:06	4-51:59	51:59
	5-05:35	9-05:07	2-05:47	1-05:54	1-05:19	1-03:55	8-16:29	4-03:53	
5. Glippmark Gösta	6-06:24	3-09:47	6-16:45	6-26:19	6-32:49	6-38:35	6-50:00	5-54:05	54:05
	6-06:24	3-03:23	6-06:58	11-09:34	5-06:30	9-05:46	5-11:25	6-04:05	
6. Kullaa Ari	10-07:45	7-10:42	7-18:40	7-27:19	10-37:36	7-42:46	7-54:50	6-59:23	59:23
	10-07:45	2-02:57	8-07:58	8-08:39	12-10:17	6-05:10	7-12:04	9-04:33	
7. Hans Rahkola	1-04:43	10-14:26	10-23:32	10-30:19	7-36:32	10-47:29	8-57:19	7-1:00:31	1:00:31
	1-04:43	12-09:43	9-09:06	5-06:47	3-06:13	12-10:57	4-09:50	1-03:12	
8. Koskinen Johanna	7-06:42	6-10:32	9-21:53	9-29:27	9-37:33	9-43:26	9-1:03:00	8-1:07:12	1:07:12
	7-06:42	5-03:50	11-11:21	6-07:34	9-08:06	11-05:53	10-19:34	8-04:12	
9. Rastas Anu	8-06:46	5-10:26	8-20:24	8-29:23	8-37:28	8-43:20	10-1:03:03	9-1:07:13	1:07:13
	8-06:46	4-03:40	10-09:58	9-08:59	8-08:05	10-05:52	11-19:43	7-04:10	
10. Markkula Anne ja Hannu	12-15:47	12-19:44	11-27:04	11-37:06	11-45:29	11-51:04	11-1:08:34	10-1:12:27	1:12:27
	12-15:47	6-03:57	7-07:20	12-10:02	10-08:23	8-05:35	9-17:30	4-03:53	
11. Pasma	11-11:51	11-18:01	12-34:31	12-43:56	12-52:21	12-57:48	12-1:30:09	11-1:35:06	1:35:06
	11-11:51	11-06:10	12-16:30	10-09:25	11-08:25	7-05:27	12-32:21	10-04:57	
Mäki-Jokela Raimo	9-07:04	4-09:52	5-16:33	5-24:13	5-29:37	5-34:24	4-45:58		hyl.
	9-07:04	1-02:48	5-06:41	7-07:40	2-05:24	5-04:47	6-11:34		

### Rata D 1,4km, tilanne rasteilla, rastivälien ajat

	1. [110]	2. [107]	3. [111]	4. [090]	5. [109]	6. [150]	Tulos
1. Mika ja Arno	3-07:41	1-11:03	1-15:55	1-17:42	1-21:17	1-22:43	22:43
	3-07:41	1-03:22	1-04:52	1-01:47	1-03:35	1-01:26	
2. Kela Heini	2-07:32	3-11:33	2-16:59	2-19:52	2-23:33	2-25:49	25:49
	2-07:32	2-04:01	2-05:26	2-02:53	2-03:41	2-02:16	
3. Perttu Päätaalo	1-06:19	2-11:04	3-18:06	3-21:52	3-26:21	3-28:40	28:40
	1-06:19	3-04:45	3-07:02	3-03:46	3-04:29	3-02:19	

### Rata E, tilanne rasteilla, rastivälien ajat