

# Väliajat 22.5.2019

## Rata A 6,8km, tilanne rasteilla, rastivälien ajat

	1. [130]	2. [128]	3. [092]	4. [093]	5. [094]	6. [096]	7. [117]	8. [118]	9. [119]	10. [120]	11. [121]	12. [122]	13. [124]	14. [125]	15. [126]	16. [127]	17. [095]	18. [150]
1. Höynälä Raimo	1-03:36 1-03:36	1-05:07 2-01:31	1-06:59 1-01:52	1-09:48 1-02:49	1-11:36 10-01:48	2-14:37 9-03:01	2-21:01 8-06:24	2-25:15 1-04:14	2-27:05 2-01:50	1-30:56 1-03:51	1-34:18 1-03:22	1-38:04 7-03:46	1-40:36 1-02:32	1-42:23 1-01:47	1-45:52 5-03:29	1-48:46 1-02:54	1-52:41 6-03:55	1-53:55 2-01:14
2. Ylimaula Janne	3-04:12 3-04:12	4-06:26 6-02:14	4-08:28 2-02:02	2-11:34 2-03:06	2-12:42 2-01:08	1-14:30 1-01:48	1-19:41 1-05:11	1-24:14 2-04:33	1-26:41 6-02:27	2-31:17 6-04:36	2-35:22 5-04:05	2-38:08 1-02:46	2-41:01 3-02:53	2-43:14 4-02:13	2-47:00 8-03:46	2-50:02 2-03:02	2-53:43 3-03:41	2-55:06 5-01:23
3. Fyhr Einari	9-05:00 9-05:00		11-04:04	3-03:09	4-01:17	3-02:20	2-05:41	4-04:50	1-01:44	4-04:25	4-04:03	2-02:53	2-02:50	3-02:11	1-03:07	2-03:02	7-03:59	4-01:21
4. Tommi Pöyry	2-03:48 2-03:48	2-05:15 1-01:27	2-07:51 6-02:36	3-12:19 10-04:28	3-14:25 11-02:06	3-16:31 2-02:06	3-22:27 5-05:56	3-27:13 3-04:46	3-29:27 3-02:14	3-33:48 3-04:21	3-37:43 3-03:55	3-41:06 4-03:23	3-44:04 4-02:58	3-46:34 7-02:30	3-49:45 2-03:11	3-54:59 10-05:14	3-58:22 1-03:23	3-59:31 1-01:09
5. Höynälä Markku	4-04:24 4-04:24	3-06:01 3-01:37	3-08:19 4-02:18	5-13:28 11-05:09	4-14:33 1-01:05	5-17:38 10-03:05	4-23:26 3-05:48	4-28:37 7-05:11	4-30:57 4-02:20	4-35:16 2-04:19	5-40:24 9-05:08	5-45:26 9-05:02	5-48:31 5-03:05	4-50:36 2-02:05	4-53:54 4-03:18	4-57:23 5-03:29	4-1:01:16 4-03:53	4-1:02:46 9-01:30
6. Tolvanen Heidi	8-04:55 8-04:55	6-07:16 7-02:21	5-09:31 3-02:15	4-13:02 4-03:31	5-14:37 7-01:35	4-17:23 6-02:46	5-23:52 9-06:29	5-28:55 5-05:03	5-31:43 10-02:48	5-36:32 7-04:49	4-40:23 2-03:51	4-43:52 5-03:29	4-47:51 10-03:59	5-51:26 11-03:35	5-55:10 7-03:44	5-58:41 7-03:31	5-1:03:07 9-04:26	5-1:04:37 9-01:30
7. Palokangas Mette	6-04:47 6-04:47	8-07:57 10-03:10	7-10:35 7-02:38	7-14:17 6-03:42	6-15:29 3-01:12	7-18:27 8-02:58	6-24:30 6-06:03	7-30:03 11-05:33	7-32:32 8-02:29	6-37:33 8-05:01	6-42:01 6-04:28	6-46:17 8-04:16	6-49:59 6-03:42	7-52:55 10-02:56	7-57:01 9-04:06	7-1:00:18 4-03:17	6-1:03:49 2-03:31	6-1:05:13 6-01:24
8. Aho Tuula	6-04:47 6-04:47	5-07:10 8-02:23	6-10:18 10-03:08	6-13:59 5-03:41	7-15:42 8-01:43	6-18:17 4-02:35	8-24:50 10-06:33	8-30:17 10-05:27	8-33:01 9-02:44	7-38:06 9-05:05	8-43:04 8-04:58	7-46:20 3-03:16	7-50:15 9-03:55	6-52:35 5-02:20	6-56:16 6-03:41	6-1:00:10 8-03:54	7-1:04:12 8-04:02	7-1:05:41 7-01:29
9. Jarkko Kristo	11-09:49 11-09:49	10-11:56 5-02:07	10-14:41 8-02:45	10-18:30 8-03:49	10-20:15 9-01:45	10-23:21 11-03:06	10-29:10 4-05:49	10-34:17 6-05:07	10-36:38 5-02:21	10-41:10 5-04:32	10-46:32 11-05:22	9-50:13 6-03:41	9-53:59 7-03:46	8-56:19 5-02:20	8-59:32 3-03:13	8-1:03:02 6-03:30	8-1:06:55 4-03:53	8-1:08:24 7-01:29
10. Anni Hintsala	5-04:46 5-04:46	7-07:48 9-03:02	8-10:41 9-02:53	8-14:23 6-03:42	8-15:55 7-06:05	8-18:35 5-02:40	7-24:40 7-06:05	6-30:01 9-05:21	6-32:28 6-02:27	8-38:07 11-05:39	7-42:37 7-04:30	8-50:06 11-07:29	8-53:57 8-03:51	9-56:49 9-02:52	9-1:01:47 11-04:58	9-1:07:27 9-04:26	9-1:11:53 9-04:26	9-1:13:29 11-01:36
11. Jaana Koivumaa	10-06:22 10-06:22	9-08:25 4-02:03	9-10:49 5-02:24	9-15:08 9-04:19	9-16:31 5-01:23	9-19:26 7-02:55	9-26:26 11-07:00	9-31:44 8-05:18	9-34:37 11-02:53	9-40:09 10-05:32	9-45:24 10-05:15	10-50:39 10-05:15	10-59:06 11-08:27	10-1:01:53 8-02:47	10-1:06:16 10-04:23	10-1:10:42 9-04:26	10-1:15:38 11-04:56	10-1:16:55 3-01:17

## Rata B 5,6km, tilanne rasteilla, rastivälien ajat

	1. [129]	2. [094]	3. [093]	4. [092]	5. [126]	6. [125]	7. [124]	8. [122]	9. [121]	10. [120]	11. [119]	12. [118]	13. [117]	14. [095]	15. [150]	Tulos
1. Pietiläinen Samu	1-04:10 1-04:10	1-07:07 1-02:57	1-08:26 2-01:19	1-10:56 1-02:30	1-13:42 1-02:46	1-16:39 1-02:57	1-18:32 1-01:53	1-21:29 1-02:57	1-24:05 1-02:36	1-27:56 4-03:51	1-31:48 1-03:52	1-33:34 1-01:46	1-38:31 2-04:57	1-41:14 1-02:43	1-42:30 1-01:16	42:30
2. Konstenius Jani	5-06:07 5-06:07	4-09:28 4-03:21	4-10:42 1-01:14	4-13:40 3-02:58	4-16:57 2-03:17	3-21:00 5-04:03	3-23:23 5-02:23	3-26:57 4-03:34	3-30:03 2-03:06	3-33:43 2-03:40	3-38:41 6-04:58	3-40:50 4-02:09	2-45:38 1-04:48	2-49:10 3-03:32	2-50:38 2-01:28	50:38
3. Tuomo Sven	3-05:03 3-05:03	3-08:05 2-03:02	3-10:00 7-01:55	3-12:53 2-02:53	3-16:36 6-03:43	2-20:00 3-03:24	2-22:10 3-02:10	2-25:36 2-03:26	2-29:10 4-03:34	2-33:22 5-04:12	2-37:39 3-04:17	2-39:51 5-02:12	3-45:55 5-06:04	3-49:17 2-03:22	3-51:03 6-01:46	51:03
4. rantakeisu pauliina	8-06:50 8-06:50	5-10:32 5-03:42	5-12:22 4-01:50	6-17:16 6-04:54	5-20:38 3-03:22	5-25:07 7-04:29	6-28:06 9-02:59	6-34:12 10-06:06	5-38:29 8-04:17	4-43:31 8-05:02	5-49:54 9-06:23	4-52:39 6-02:45	5-58:47 7-06:08	5-1:03:34 6-04:47	4-1:05:08 3-01:34	1:05:08
5. Törmäkangaskas Erkki	9-06:53 9-06:53	6-10:35 5-03:42	6-12:25 4-01:50	7-17:19 6-04:54	6-20:47 4-03:28	6-25:15 6-04:28	5-28:03 8-02:48	5-33:58 9-05:55	6-38:33 9-04:35	5-43:34 7-05:01	4-49:50 8-06:16	5-52:42 8-02:52	4-58:46 5-06:04	4-1:03:32 5-04:46	5-1:05:09 5-01:37	1:05:09
6. Mäkiyryö Marika	6-06:15 6-06:15	7-10:41 8-04:26	7-12:39 8-01:58	5-17:04 5-04:25	7-21:17 9-05:23	7-26:40 7-02:45	7-29:25 8-05:03	7-34:28 8-05:03	8-39:49 10-05:21	7-45:19 9-05:30	6-52:28 10-07:09	6-55:46 10-03:18	6-1:02:36 9-06:50	6-1:07:12 4-04:36	6-1:08:58 6-01:46	1:08:58
7. Palokangas Kaisa	7-06:24 7-06:24	8-10:47 7-04:23	8-12:53 9-02:06	8-17:54 8-05:01	8-21:57 7-04:03	8-27:20 9-05:23	8-30:41 10-03:21	8-35:11 6-04:30	7-38:50 6-03:39	6-43:45 6-04:55	7-54:02 11-10:17	7-57:14 9-03:12	7-1:03:16 4-06:02	7-1:08:11 7-04:55	7-1:10:03 9-01:52	1:10:03
8. Riku Hyttinen	4-06:03 4-06:03	9-11:32 9-05:29	9-13:22 4-01:50	9-19:00 9-05:38	9-23:37 10-04:37	9-28:44 8-05:07	9-31:16 6-02:32	9-35:48 7-04:32	9-41:22 11-05:34	8-49:04 10-07:42	8-55:14 7-06:10	8-58:49 11-03:35	8-1:06:23 11-07:34	8-1:13:02 8-06:39	8-1:14:50 8-01:48	1:14:50
9. Frant Nina		10-16:16			12-47:22									9-09:39	4-01:36	1:14:53
Krista Konttajärvi	2-04:40 2-04:40	2-07:51 3-03:11	2-09:22 3-01:31	2-12:49 4-03:27	2-16:23 5-03:34	4-22:06 11-05:43	4-25:51 11-03:45	4-29:24 3-03:33	4-33:35 7-04:11	9-55:33 11-21:58	9-1:00:17 4-04:44	9-1:03:02 6-02:45	9-1:08:32 3-05:30		12-03:09	hyl.

### Rata C 3,5km, tilanne rasteilla, rastivälien ajat

	1. [093]	2. [094]	3. [130]	4. [128]	5. [127]	6. [126]	7. [119]	8. [118]	9. [117]	10. [095]	11. [150]	Tulos
1. Viitala Saku	1-03:56 1-03:56	1-05:31 4-01:35	1-08:05 2-02:34		11-03:14	3-03:30	2-05:54	1-01:55	3-05:26	1-03:29	1-01:20	31:33
2. Kimmo Marttinen	3-04:31 3-04:31	3-05:51 2-01:20	2-08:35 3-02:44	1-10:56 2-02:21	1-12:18 2-01:22	1-15:08 1-02:50	1-20:44 1-05:36	1-23:13 3-02:29	1-28:07 1-04:54	1-31:53 2-03:46	1-33:15 2-01:22	31:53
3. Antti Haase	4-04:45 4-04:45	4-06:03 1-01:18	3-09:43 8-03:40	3-13:59 7-04:16	3-15:14 1-01:15	3-18:37 2-03:23	3-24:50 4-06:13	3-26:55 2-02:05	2-32:17 2-05:22	2-36:03 2-03:46	2-37:26 3-01:23	37:26
3. Lauri Mustonen	2-04:06 2-04:06	2-05:33 3-01:27	3-09:43 10-04:10	2-11:56 1-02:13	2-13:20 3-01:24	2-17:06 5-03:46	2-23:09 3-06:03	2-25:43 4-02:34	3-33:10 6-07:27	3-37:26 4-04:16	3-39:11 6-01:45	37:26
5. Koskenniemi Yrjö ja Marjaana	7-05:31 7-05:31	6-07:24 6-01:53	5-09:50 1-02:26		14-05:22	6-04:09	6-06:57	6-02:44	5-07:00	5-04:41	4-01:29	42:12
6. Kari Huttunen	6-05:17 6-05:17	5-06:57 5-01:40	6-10:29 7-03:32	4-14:20 4-03:51	4-15:54 4-01:34	4-19:36 4-03:42	4-26:53 7-07:17	4-29:34 5-02:41	4-37:35 8-08:01	4-42:23 6-04:48	4-44:08 6-01:45	42:23
7. Jani Kallijärvi	5-05:07 5-05:07	11-11:54 18-06:47	10-14:49 4-02:55	7-18:46 5-03:57	7-21:06 7-02:20	6-25:44 8-04:38	6-32:10 5-06:26	6-34:55 7-02:45	5-41:18 4-06:23	5-46:20 7-05:02	5-48:04 5-01:44	48:04
8. Paula Vuollo	10-07:44 10-07:44	9-10:02 10-02:18	9-13:51 9-03:49		15-05:57	7-04:15	8-08:53	9-03:25	6-07:27	8-05:25	9-01:49	51:02
9. Haase Tuula	8-05:41 8-05:41	7-07:34 6-01:53	7-10:45 5-03:11	5-14:42 5-03:57	5-16:33 6-01:51	5-21:20 9-04:47	5-31:17 10-09:57	5-34:25 8-03:08	6-43:39 9-09:14	6-50:05 10-06:26	6-52:16 10-02:11	52:16
10. Paulus Tilja	9-05:45 9-05:45	8-07:42 8-01:57	8-12:16 11-04:34	6-15:39 3-03:23	6-20:13 13-04:34	7-26:00 10-05:47	7-36:03 11-10:03	7-39:38 10-03:35	7-51:01 12-11:23	7-57:13 9-06:12	7-59:00 8-01:47	59:00
11. Björkbacka Lassheikki	11-09:42 11-09:42	10-11:41 9-01:59	11-15:09 6-03:28	8-22:11 8-07:02	8-23:51 5-01:40	8-29:53 11-06:02	8-39:17 9-09:24	8-43:55 11-04:38	8-55:54 13-11:59	8-1:04:15 13-08:21	8-1:06:42 11-02:27	1:06:42
12. Kalapudas Antti	14-10:18 14-10:18	14-13:16 13-02:58	14-18:52 14-05:36	9-29:43 10-10:51	9-32:37 9-02:54	9-43:05 13-10:28	9-56:59 12-13:54	10-1:05:15 17-08:16	10-1:18:03 15-12:48	9-1:27:25 15-09:22	9-1:30:40 13-03:15	1:30:40
13. Hannu Markkula	13-10:15 13-10:15	12-13:08 12-02:53	14-18:52 15-05:44	10-29:46 11-10:54	10-32:38 8-02:52	11-43:07 14-10:29	11-57:08 14-14:01	11-1:05:17 15-08:09	11-1:18:07 16-12:50	9-1:27:25 14-09:18	10-1:30:42 14-03:17	1:30:42
14. Elf Markku ja Tarja	12-09:44 12-09:44	13-13:15 14-03:31	13-18:47 13-05:32	10-29:46 12-10:59	11-32:45 10-02:59	9-43:05 12-10:20	10-57:02 13-13:57	9-1:05:14 16-08:12	9-1:18:00 14-12:46	11-1:27:33 16-09:33	11-1:30:43 12-03:10	1:30:43
15. Toni Niskanen	17-12:13 17-12:13	16-17:05 16-04:52	16-26:14 17-09:09	12-34:12 9-07:58	12-38:38 12-04:26	12-50:17 16-11:39	12-1:06:34 15-16:17	12-1:12:07 13-05:33	12-1:22:37 11-10:30	12-1:29:07 11-06:30	12-1:33:02 15-03:55	1:33:02
16. Suvi Pirinen	16-12:12 16-12:12	17-17:26 17-05:14	17-26:33 16-09:07		17-12:05	15-11:38	16-16:41	12-05:27	10-10:16	12-06:32	16-03:57	1:33:09

### Rata D 1,7km, tilanne rasteilla, rastivälien ajat

	1. [092]	2. [128]	3. [094]	4. [096]	5. [095]	Tulos
1. Maarit Juottonen	1-04:21 1-04:21	1-09:02 1-04:41	1-16:55 1-07:53	1-28:38 1-11:43	1-33:46 1-05:08	33:46