

## Lautamaa 10.6.2020 - Lautamaa

### S 4,1km, tilanne rasteilla, rastivälien ajat

	1. [114]	2. [115]	3. [116]	4. [109]	5. [119]	6. [118]	7. [101]	8. [117]	9. [108]	10. [150]	Tulos
1. Arto Vilppola											40:03

### D 1,8km, tilanne rasteilla, rastivälien ajat

	1. [114]	2. [101]	3. [109]	4. [119]	5. [117]	6. [108]	7. [150]	Tulos
1. Keränen Hilla	1-04:21	1-07:15	1-13:42	1-17:34	1-20:29	1-28:26	1-30:51	30:51
	1-04:21	1-02:54	1-06:27	1-03:52	1-02:55	1-07:57	1-02:25	

### C 3,3km, tilanne rasteilla, rastivälien ajat

	1. [114]	2. [112]	3. [113]	4. [106]	5. [116]	6. [105]	7. [117]	8. [107]	9. [150]	Tulos
1. Taulavuori Tarja	4-01:54	3-09:10	3-15:29	3-21:51	3-25:16	3-30:31	3-33:26	1-38:48	1-41:03	41:03
	4-01:54	4-07:16	4-06:19	2-06:22	1-03:25	2-05:15	4-02:55	2-05:22	2-02:15	
2. Nissinen Lari	1-01:30	2-06:45	1-11:34	1-18:23	2-22:41	1-28:07	1-30:50	3-40:13	2-42:46	42:46
	1-01:30	2-05:15	1-04:49	4-06:49	3-04:18	3-05:26	1-02:43	7-09:23	5-02:33	
3. Törmäkangas Erkki	3-01:39	1-06:42	2-11:37	2-18:26	1-22:39	2-28:09	2-30:58	2-40:12	3-42:47	42:47
	3-01:39	1-05:03	2-04:55	4-06:49	2-04:13	4-05:30	3-02:49	6-09:14	6-02:35	
4. Konstenius Jani	12-07:23	8-12:51	5-18:31	4-24:45	4-29:18	4-34:06	4-36:53	4-41:58	4-44:00	44:00
	12-07:23	3-05:28	3-05:40	1-06:14	4-04:33	1-04:48	2-02:47	1-05:05	1-02:02	
5. Mustonen Lauri	6-02:16	4-09:52	4-18:20	5-25:44	5-31:35	5-37:16	5-41:18	5-49:51	5-52:41	52:41
	6-02:16	5-07:36	5-08:28	6-07:24	7-05:51	5-05:41	5-04:02	4-08:33	7-02:50	
6. Vaara Niina	5-02:14	5-10:36	6-20:58	6-29:43	6-35:08	7-42:17	6-46:53	6-56:32	6-58:54	58:54
	5-02:14	6-08:22	7-10:22	8-08:45	5-05:25	8-07:09	7-04:36	9-09:39	3-02:22	
7. Rantakeisu Pauliina	8-02:23	6-10:45	7-21:11	7-29:45	7-35:26	6-42:12	7-46:58	7-56:34	7-58:59	58:59
	8-02:23	6-08:22	8-10:26	7-08:34	6-05:41	6-06:46	8-04:46	8-09:36	4-02:25	
8. Isoherranen Jukka	9-02:51	10-14:10	8-22:41	8-33:19	8-40:10	8-48:30	8-53:34	8-1:02:18	8-1:06:30	1:06:30
	9-02:51	10-11:19	6-08:31	10-10:38	9-06:51	10-08:20	10-05:04	5-08:44	10-04:12	
9. Anu Rastas	10-02:59	11-16:23	10-30:09	11-51:19	10-57:28	10-1:04:31	10-1:08:56	9-1:16:59	9-1:20:23	1:20:23
	10-02:59	11-13:24	10-13:46	11-21:10	8-06:09	7-07:03	6-04:25	3-08:03	8-03:24	
10. Holopainen Lone-Maria	7-02:18	7-12:12	11-34:54	10-44:54	9-52:11	9-1:00:27	9-1:05:21	10-1:17:00	10-1:21:27	1:21:27
	7-02:18	8-09:54	11-22:42	9-10:00	10-07:17	9-08:16	9-04:54	11-11:39	11-04:27	
11. Määttä Sonja	11-03:16	9-13:59	12-42:01	12-1:08:50	11-1:18:36	11-1:27:25	11-1:33:10	11-1:43:15	11-1:47:05	1:47:05
	11-03:16	9-10:43	12-28:02	12-26:49	11-09:46	11-08:49	11-05:45	10-10:05	9-03:50	
Aho Tuula	2-01:36	12-18:40	9-29:09	9-35:49						kesk.
	2-01:36	12-17:04	9-10:29	3-06:40				12-15:57		

### B 5km, tilanne rasteilla, rastivälien ajat

	1. [106]	2. [110]	3. [104]	4. [112]	5. [113]	6. [102]	7. [105]	8. [103]	9. [117]	10. [111]	11. [107]	12. [108]	13. [150]	Tulos
1. Perkiö Tuomas	1-01:44	1-05:08	1-08:07	1-09:02	2-15:19	1-23:29	1-25:53	1-29:16	1-33:59	1-38:52	1-43:51	1-45:39	1-46:19	46:19
	1-01:44	2-03:24	3-02:59	1-00:55	12-06:17	1-08:10	1-02:24	1-03:23	8-04:43	2-04:53	13-04:59	11-01:48	1-00:40	
2. Taulavuori Tero	9-03:04	5-07:04	5-09:47	4-10:59	3-15:46	2-25:15	2-28:18	2-32:42	2-37:53	2-41:46	2-45:54	2-47:31	2-48:33	48:33
	9-03:04	4-04:00	2-02:43	4-01:12	3-04:47	2-09:29	4-03:03	7-04:24	13-05:11	1-03:53	8-04:08	7-01:37	11-01:02	
3. Taulavuori Venla	6-02:41	4-06:35	3-09:38	3-10:58	5-17:52	4-27:30	4-30:13	3-34:17	3-39:17	3-44:29	3-47:56	3-49:42	3-50:40	50:40
	6-02:41	3-03:54	4-03:03	5-01:20	16-06:54	3-09:38	3-02:43	4-04:04	9-05:00	4-05:12	1-03:27	9-01:46	7-00:58	
4. Heikkuri Tapani	3-02:27	6-07:05	8-10:55	7-13:06	4-17:38	5-28:06	5-31:46	4-35:35	4-39:58	4-46:31	4-50:05	4-51:38	4-52:38	52:38
	3-02:27	10-04:38	18-03:50	13-02:11	2-04:32	6-10:28	13-03:40	2-03:49	3-04:23	15-06:33	2-03:34	5-01:33	9-01:00	
5. Kristo Kari	5-02:30	7-07:09	7-10:54	8-13:07	6-18:23	6-29:31	7-33:25	6-38:00	7-43:00	6-48:22	5-52:31	5-53:52	5-55:03	55:03
	5-02:30	11-04:39	14-03:45	14-02:13	5-05:16	9-11:08	15-03:54	8-04:35	9-05:00	6-05:22	9-04:09	1-01:21	15-01:11	
6. Höynälä Markku	4-02:29	8-07:12	6-10:49	10-13:44	8-19:04	7-29:44	6-32:48	8-39:18	8-43:39	7-48:59	6-53:05	6-54:30	6-55:17	55:17
	4-02:29	13-04:43	11-03:37	16-02:55	7-05:20	8-10:40	5-03:04	14-06:30	2-04:21	5-05:20	7-04:06	2-01:25	3-00:47	
7. Frant Nina	11-03:23	14-08:40	14-12:28	12-14:09	9-19:10	9-30:57	9-34:04	7-38:19	6-42:54	8-49:21	8-53:41	8-56:22	7-57:07	57:07
	11-03:23	18-05:17	17-03:48	9-01:41	4-05:01	12-11:47	6-03:07	6-04:15	5-04:35	14-06:27	10-04:20	16-02:41	2-00:45	
8. Kalapudas Antti	2-01:48	2-06:10	4-09:39	2-10:39	1-14:42	3-25:17	3-28:31	9-40:32	9-44:59	9-50:38	9-54:22	7-56:03	8-57:12	57:12
	2-01:48	6-04:22	8-03:29	2-01:00	1-04:03	7-10:35	9-03:14	18-12:01	4-04:27	10-05:39	4-03:44	8-01:41	13-01:09	
9. Ylimaula Janne	15-03:46	11-07:46	10-11:14	5-12:23	7-18:52	8-30:46	8-33:58	5-37:53	5-42:06	5-47:33	7-53:19	9-57:03	9-58:00	58:00
	15-03:46	4-04:00	6-03:28	3-01:09	13-06:29	13-11:54	8-03:12	3-03:55	1-04:13	7-05:27	15-05:46	19-03:44	6-00:57	
10. Raimo Höynälä	19-04:52	16-09:19	15-13:06	18-17:40	16-22:58	11-32:52	11-35:34	10-42:23	10-47:04	10-52:54	10-57:28	10-59:01	10-1:00:00	1:00:00
	19-04:52	7-04:27	16-03:47	19-04:34	6-05:18	5-09:54	2-02:42	15-06:49	7-04:41	11-05:50	11-04:34	5-01:33	8-00:59	
11. Holopainen Oili	12-03:24	12-08:00	13-12:15	19-19:18	17-26:09	14-36:01	14-39:27	13-44:15	13-50:04	13-55:14	12-59:10	12-1:00:38	11-1:01:27	1:01:27
	12-03:24	9-04:36	20-04:15	22-07:03	15-06:51	4-09:52	11-03:26	10-04:48	17-05:49	3-05:10	6-03:56	3-01:28	4-00:49	
12. Puumalainen Miikka	10-03:13	13-08:04	12-11:31	13-14:45	11-20:53	10-32:23	10-35:33	11-43:27	12-49:17	11-54:49	11-58:38	11-1:00:24	12-1:01:28	1:01:28
	10-03:13	14-04:51	5-03:27	17-03:14	11-06:08	11-11:30	7-03:10	17-07:54	18-05:50	8-05:32	5-03:49	9-01:46	12-01:04	
13. Taulavuori Anni	7-02:48	10-07:45	11-11:20	6-12:52	12-21:01	13-35:32	12-39:21	12-43:29	11-49:13	12-55:04	13-1:00:50	13-1:02:42	13-1:03:51	1:03:51
	7-02:48	16-04:57	10-03:35	7-01:32	18-08:09	17-14:31	14-03:49	5-04:08	16-05:44	12-05:51	15-05:46	12-01:52	13-01:09	
14. Kemppainen Jarno	20-05:00	17-09:30	17-13:16	15-15:22	14-22:45	15-36:41	16-42:58	17-50:26	17-55:06	16-1:00:42	15-1:04:25	14-1:05:56	14-1:06:46	1:06:46
	20-05:00	8-04:30	15-03:46	12-02:06	17-07:23	15-13:56	19-06:17	16-07:28	6-04:40	9-05:36	3-03:43	4-01:31	5-00:50	
15. Hooli Roni	16-03:59	15-09:15	16-13:13	17-16:47	15-22:49	12-34:16	13-39:26	14-45:04	14-51:15	14-58:36	14-1:04:12	15-1:06:45	15-1:07:45	1:07:45
	16-03:59	17-05:16	19-03:58	18-03:34	9-06:02	10-11:27	17-05:10	11-05:38	20-06:11	18-07:21	14-05:36	15-02:33	9-01:00	
16. Tolvanen Heidi	21-05:28	18-10:19	18-13:51	14-15:21	13-22:09	16-38:29	15-42:30	15-47:10	15-53:04	15-59:49	16-1:06:21	16-1:08:19	16-1:09:36	1:09:36
	21-05:28	14-04:51	9-03:32	6-01:30	14-06:48	19-16:20	16-04:01	9-04:40	19-05:54	16-06:45	18-06:32	14-01:58	16-01:17	
17. Pöyry Tomi	14-03:35	19-10:35	19-14:14	16-15:50	18-26:58	17-40:03	17-43:42	16-49:20	16-54:44	17-1:03:06	17-1:07:52	17-1:10:47	17-1:12:24	1:12:24
	14-03:35	20-07:00	12-03:39	8-01:36	20-11:08	14-13:05	12-03:39	11-05:38	15-05:24	19-08:22	12-04:46	18-02:55	20-01:37	
18. Hintsala Anni	17-04:00	22-19:57	22-26:52	22-28:39	19-34:42	18-50:08	19-58:17	18-1:04:17	18-1:09:25	18-1:15:49	18-1:22:17	18-1:24:14	18-1:25:44	1:25:44
	17-04:00	22-15:57	22-06:55	10-01:47	10-06:03	18-15:26	20-08:09	13-06:00	11-05:08	13-06:24	17-06:28	13-01:57	18-01:30	
19. Katila Vesa	22-11:41	20-17:25	20-21:07	21-26:54	20-37:27	19-51:33	18-54:48	19-1:14:54	19-1:20:04	19-1:26:55	19-1:37:16	19-1:43:20	19-1:44:38	1:44:38
	22-11:41	19-05:44	13-03:42	21-05:47	19-10:33	16-14:06	10-03:15	19-20:06	12-05:10	17-06:51				