

Tornionlaakson Rastipäivät 10.6.2023, Veittivaara, Haparanda, Alatornion Pirkat

[H21A](#) [D21A](#) [D18](#) [H16](#) [D16](#) [H14](#) [D14](#) [H13](#) [H12](#) [H12TR](#) [D12TR](#) [H10RR](#) [D10RR](#) [D10RRS](#) [D35](#) [H40](#) [D40](#) [H45](#) [D45](#) [H50](#) [D50](#) [H55](#) [D55](#) [H60](#) [H65](#) [D65](#) [H70](#) [H75](#) [D75](#)

H21A 4,38 km

		1. (428 m) [92]	2. (202 m) [94]	3. (340 m) [95]	4. (241 m) [123]	5. (117 m) [122]	6. (409 m) [75]	7. (816 m) [115]	8. (251 m) [97]	9. (125 m) [137]	10. (231 m) [101]	11. (160 m) [102]	12. (368 m) [103]	13. (240 m) [104]	14. (186 m) [105]	15. (143 m) [150]	16. (81 m) [M]	Tulos (min/km)			
1.	Perttu Hietala	PelPo	1-03.08 1-03.08	1-04.37 1-01.29	1-07.14 8-02.37	1-08.56 1-01.42	1-09.58 7-01.02	1-12.58 3-03.00	1-18.14 1-05.16	1-19.55 2-03.41	1-20.50 1-00.55	1-22.44 4-01.54	1-24.46 7-02.02	1-27.07 1-02.21	1-28.57 6-01.50	1-30.37 4-01.40	1-31.18 1-00.41	1-31.37 1-00.19	31.37	7.13	Perttu Hietala
2.	Tero Linnainmaa	IKNV	2-03.10 2-03.10	3-05.05 3-01.55	3-07.39 6-02.34	3-09.39 5-02.00	3-10.39 4-01.00	3-13.43 4-03.04	2-20.19 4-06.36	3-22.22 4-02.03	3-23.31 6-01.09	3-25.18 2-01.47	3-27.01 4-01.43	3-29.39 3-02.38	3-31.26 4-01.47	2-32.44 1-01.18	2-33.27 2-00.43	2-33.48 3-00.21	33.48	7.43	Tero Linnainmaa
3.	Ville-Petteri Saarela	KemU	5-03.12 5-03.12	8-06.22 9-03.10	8-08.53 4-02.31	8-10.46 3-01.53	7-11.39 1-00.53	4-14.34 2-02.55	4-20.42 2-06.08	2-22.21 1-01.39	2-23.26 4-01.05	2-25.14 3-01.48	2-26.55 2-01.41	2-29.29 2-02.34	2-31.09 2-01.40	2-32.44 3-01.35	3-33.38 7-00.54	3-34.01 4-00.23	34.01	7.46	Ville-Petteri Saarela
4.	Riku Koirikivi	Pohjant	5-03.12 5-03.12	4-05.16 5-02.04	5-08.06 10-02.50	5-10.01 4-01.55	5-11.00 4-00.59	5-15.22 6-04.22	5-21.50 3-06.28	5-24.16 8-02.26	5-25.27 8-01.11	5-27.10 1-01.43	5-28.52 3-01.42	4-31.55 4-03.03	4-33.23 1-01.28	4-34.42 2-01.19	4-35.28 3-00.46	4-35.47 1-00.19	35.47	8.10	Riku Koirikivi
5.	Kari-Jussi Korhonen	OH	2-03.10 2-03.10	5-05.35 8-02.25	4-07.55 1-02.20	4-09.47 2-01.52	4-10.47 5-01.00	2-13.28 1-02.41	3-20.26 5-06.58	4-22.39 6-02.13	4-23.48 6-01.09	4-26.16 8-02.28	4-28.01 6-01.45	5-33.20 10-05.19	5-35.00 2-01.40	5-36.46 6-01.46	5-37.45 11-00.59	5-38.11 7-00.26	38.11	8.43	Kari-Jussi Korhonen
6.	Miika Muotka	OH	10-04.22 10-04.22	9-06.28 6-02.06	9-09.05 8-02.37	9-11.49 11-02.44	9-12.54 9-01.05	6-16.42 5-03.48	6-24.51 7-08.09	6-27.02 5-02.11	6-28.10 5-01.08	6-30.30 6-02.20	6-32.02 1-01.32	6-35.29 7-03.27	6-37.17 5-01.48	6-40.07 9-02.50	6-40.56 5-00.49	6-41.20 5-00.24	41.20	9.26	Miika Muotka
7.	Esa Hietala	PudU	7-03.33 7-03.33	10-07.41 10-04.08	10-10.14 5-02.33	10-12.43 10-02.29	10-13.51 10-01.08	8-19.11 7-05.20	7-28.57 8-09.46	7-30.59 3-02.02	7-32.37 9-01.38	7-35.26 10-02.49	7-37.31 8-02.05	8-42.17 9-04.46	8-45.08 9-02.51	8-46.55 7-01.47	8-47.42 4-00.47	7-48.09 8-00.27	48.09	11.00	Esa Hietala
8.	Antti-Pekka Vuokila	S-2000	8-03.39 8-03.39	7-06.00 7-02.21	7-08.29 3-02.29	7-10.32 6-02.03	8-11.43 11-01.11	7-19.04 8-07.21	8-29.11 9-10.07	8-31.57 10-02.46	8-32.57 2-01.00	8-35.29 9-02.32	8-37.59 10-02.30	7-41.44 8-03.45	7-43.49 7-02.05	7-46.44 10-02.55	7-47.40 9-00.56	8-48.10 10-00.30	48.10	11.00	Antti-Pekka Vuokila
9.	Henri Kokkonen	S-2000	2-03.10 2-03.10	2-05.02 2-01.52	2-07.24 2-02.22	2-09.36 2-00.54	2-10.30 9-18.27	9-28.57 6-08.00	9-36.57 9-02.28	9-39.25 9-02.28	9-41.04 10-01.39	9-43.08 5-02.04	9-44.52 5-01.44	9-48.09 5-03.17	9-54.45 10-06.36	9-56.34 8-01.49	9-57.28 7-00.54	9-57.53 6-00.25	57.53	13.13	Henri Kokkonen
	Samuli Kokkonen	S-2000		0-06.42 11-03.43	0-10.25 11-03.43	0-12.42 9-02.17	0-13.39 3-00.57		0-26.39						0-31.25 11-03.44	0-35.09 9-00.56	0-36.05 11-00.31	0-36.36 9-00.56	Hyl.		Samuli Kokkonen
	Marko Vapa	FreeAd	9-03.50 9-03.50	6-05.45 3-01.55	6-08.20 7-02.35	6-10.28 7-02.08	6-11.30 7-01.02	0-21.20	0-23.34 7-02.14	0-24.38 3-01.04	0-27.04 7-02.26	0-29.23 9-02.19	0-32.41 6-03.18	0-35.13 8-02.32	0-36.54 5-01.41	0-37.47 6-00.53	0-38.16 9-00.29		Hyl.		Marko Vapa

D21A 3,40 km

		1. (433 m) [93]	2. (126 m) [94]	3. (340 m) [95]	4. (241 m) [123]	5. (117 m) [122]	6. (247 m) [107]	7. (635 m) [102]	8. (223 m) [115]	9. (251 m) [97]	10. (192 m) [119]	11. (142 m) [104]	12. (186 m) [105]	13. (143 m) [150]	14. (81 m) [M]	Tulos (min/km)					
1.	Mira Kaskinen	Raska	2-03.52 2-03.52	2-05.15 2-01.23	2-08.13 3-02.58	3-11.37 8-03.24	3-12.50 2-01.13	2-15.01 2-02.11	1-20.22 1-05.21	1-22.44 1-02.22	1-25.03 1-02.19	1-26.59 1-01.56	1-28.17 1-01.18	1-30.24 2-02.07	1-31.10 1-00.46	1-31.31 1-00.21	31.31	9.16	Mira Kaskinen		
2.	Jenna Pajunen	Anttu	3-03.56 3-03.56	3-05.28 3-01.32	3-08.24 2-02.56	2-10.52 3-02.28	2-12.06 3-01.14	3-15.02 5-02.56	2-20.35 3-05.33	2-23.08 2-02.33	2-25.40 2-02.32	2-27.42 2-01.21	2-29.03 3-02.11	2-31.14 2-00.54	2-32.08 3-00.55	2-32.33 4-00.25	32.33	9.34	Jenna Pajunen		
3.	Mette Palokangas	AlatPi	4-04.33 4-04.33	4-06.08 5-01.35	4-09.21 4-03.13	4-12.12 6-02.51	4-13.31 4-01.19	5-16.30 6-02.59	3-22.47 6-06.17	3-25.23 3-02.36	3-27.56 3-02.33	3-30.04 6-02.11	3-32.15 6-02.11	3-34.51 4-02.36	3-36.04 7-01.13	3-36.31 5-00.27	36.31	10.44	Mette Palokangas		
4.	Ella-Noora Rahkola	TuS	8-06.34 8-06.34	7-08.12 6-01.38	7-11.52 7-03.40	7-14.24 4-02.32	6-15.56 7-01.32	6-18.31 4-02.35	5-24.01 2-05.30	5-26.51 5-02.50	4-29.29 4-02.38	4-31.39 4-02.10	4-33.54 7-02.15	4-35.55 1-02.01	4-36.50 3-00.55	4-37.14 2-00.24	37.14	10.57	Ella-Noora Rahkola		
5.	Olli Holopainen	S-2000	7-05.57 7-05.57	8-08.35 9-02.38	8-12.21 8-03.46	8-15.47 9-03.26	7-17.17 5-01.30	7-20.31 8-03.14	6-26.28 4-05.57	6-30.23 8-03.55	6-33.41 6-03.18	5-36.07 5-02.26	5-37.49 5-01.42	5-40.54 7-03.05	5-41.51 5-00.57	5-42.15 2-00.24	42.15	12.25	Olli Holopainen		
6.	Dorottya Hajnal	HUN	5-04.50 5-04.50	5-06.23 4-01.33	5-09.55 6-03.32	5-12.30 5-02.35	5-14.00 5-01.30	4-16.28 3-02.28	4-23.39 7-07.11	4-26.43 6-03.04	5-30.03 7-03.20	6-36.34 8-06.31	6-38.08 4-01.34	6-41.03 6-02.55	6-42.26 8-01.23	6-43.09 8-00.43	43.09	12.41	Dorottya Hajnal		
7.	Suvi-Päivikki Juopperi	LapVe	9-08.42 9-08.42	9-10.27 7-01.45	9-14.26 9-03.59	9-17.19 7-02.53	8-19.06 8-01.47	8-22.13 7-03.07	7-30.26 8-08.13	7-34.19 7-03.53	7-37.53 8-03.34	7-41.08 6-03.15	7-44.21 8-03.13	7-46.57 4-02.36	7-48.02 6-01.05	7-48.40 7-00.38	48.40	14.18	Suvi-Päivikki Juopperi		
	Emma-Noora Jaakola	PudU	6-04.54 6-04.54	6-07.18 8-02.24	6-10.31 4-03.13	6-12.58 2-02.27	0-16.56	0-22.56 5-06.00	0-25.44 4-02.48	0-28.37 5-02.53	0-33.18 7-04.41	0-34.48 3-01.30	0-38.13 8-03.25	0-39.08 3-00.55	0-39.35 5-00.27		Hyl.		Emma-Noora Jaakola		
	Saana-Maria Rahko	Pohjant	1-03.33 1-03.33	1-04.55 1-01.22	1-07.30 1-02.35	1-09.49 1-02.19	1-10.55 1-01.06	1-12.58 1-02.03											Kesk.		Saana-Maria Rahko

D18 2,88 km

		1. (380 m) [92]	2. (60 m) [75]	3. (254 m) [95]	4. (280 m) [95]	5. (479 m) [118]	6. (227 m) [102]	7. (217 m) [143]	8. (185 m) [97]	9. (192 m) [119]	10. (145 m) [138]	11. (190 m) [105]	12. (143 m) [150]	13. (81 m) [M]	Tulos (min/km)			
1.	Matleena Goman	Pohjant	1-04.54 1-04.54	1-05.44 1-00.50	1-10.05 1-04.21	1-13.31 1-03.26	1-18.23 1-04.52	1-22.37 1-04.14	1-25.45 1-03.08	1-27.53 1-02.08	1-30.33 1-02.40	1-32.52 1-02.19	1-36.14 1-03.22	1-37.35 1-01.21	1-38.14 1-00.39	38.14	13.17	Matleena Goman

H16 2,88 km

		1. (380 m) [92]	2. (60 m) [75]	3. (254 m) [95]	4. (280 m) [95]	5. (479 m) [118]	6. (227 m) [102]	7. (217 m) [143]	8. (185 m) [97]	9. (192 m) [119]	10. (145 m) [138]	11. (190 m) [105]	12. (143 m) [150]	13. (81 m) [M]	Tulos (min/km)			
1.	Karl Persson	OK Renen	1-16.44 1-16.44	1-17.20 1-00.36	1-21.35 1-04.15	1-24.28 1-02.53	1-29.43 1-05.15	1-32.14 1-02.31	1-34.36 1-02.22	1-36.38 1-02.02	1-38.46 1-02.08	1-40.20 1-01.34	1-42.52 1-02.32	1-43.53 1-01.01	1-44.12 1-00.19	44.12	15.22	Karl Persson

D16 2,15 km

		1. (239 m) [90]	2. (195 m) [93]	3. (126 m) [94]	4. (503 m) [124]	5. (102 m) [97]	6. (296 m) [102]	7. (237 m) [130]	8. (190 m) [105]	9. (143 m) [150]	10. (81 m) [M]	Tulos (min/km)			
1.	Sara Szakal-Biro	HUN	1-02.37 1-02.37	1-07.42 1-05.05	1-10.59 1-03.17	1-19.37 1-08.38	1-21.40 1-02.03	1-24.40 1-03.00	1-27.30 1-02.50	1-29.20 1-01.50	1-30.41 1-01.21	1-31.13 1-00.32	31.13	14.31	Sara Szakal-Biro

H14 2,58 km

		1. (203 m) [134]	2. (222 m) [129]	3. (332 m) [130]	4. (360 m) [116]	5. (327 m) [132]	6. (499 m) [131]	7. (255 m) [133]	8. (230 m) [150]	9. (81 m) [M]	Tulos (min/km)		
1.	Olov Persson OK Renen	1-02.01 1-02.01	1-05.07 1-03.06	1-14.32 1-09.25	1-20.12 1-05.40	1-24.36 1-04.24	1-31.53 1-07.17	1-34.53 1-03.00	1-36.50 1-01.57	1-37.19 1-00.29	37.19	14.29	Olov Persson

D14 2,58 km

		1. (203 m) [134]	2. (222 m) [129]	3. (332 m) [130]	4. (360 m) [116]	5. (327 m) [132]	6. (499 m) [131]	7. (255 m) [133]	8. (230 m) [150]	9. (81 m) [M]	Tulos (min/km)		
1.	Ella Vaara LapVe	1-03.27 1-03.27	1-06.13 1-02.46	1-19.07 1-12.54	1-28.48 1-09.41	1-52.11 1-23.23	1-1.32.23 1-40.12	1-1.36.01 1-03.38	1-1.39.29 1-03.28	1-1.40.40 1-01.11	1.40.40	39.05	Ella Vaara

H13 2,55 km

		1. (203 m) [134]	2. (222 m) [129]	3. (332 m) [130]	4. (360 m) [116]	5. (200 m) [126]	6. (419 m) [138]	7. (173 m) [131]	8. (255 m) [133]	9. (230 m) [150]	10. (81 m) [M]	Tulos (min/km)		
1.	Kasper Ekonoja PelPo	1-01.49 1-01.49	1-04.05 1-02.16	1-11.53 1-07.48	1-20.37 1-08.44	1-28.32 1-07.55	1-34.48 1-06.16	1-37.05 1-02.17	1-40.10 1-03.05	1-42.30 1-02.20	1-43.02 1-00.32	43.02	16.52	Kasper Ekonoja

H12 1,98 km

		1. (200 m) [129]	2. (216 m) [135]	3. (239 m) [114]	4. (312 m) [116]	5. (213 m) [136]	6. (408 m) [133]	7. (230 m) [150]	8. (81 m) [M]	Tulos (min/km)			
1.	Emil Hakala SomEsa	2-03.26 2-03.26	2-08.34 1-05.08	2-11.57 2-03.23	1-16.54 1-04.57	1-19.10 1-02.16	1-26.56 1-07.46	1-28.56 2-02.00	1-29.32 2-00.36	29.32	14.57	Emil Hakala	
2.	Joona Korpi LänRa	1-02.13 1-02.13	1-07.55 2-05.42	1-10.58 1-03.03	1-18.38 2-07.40	2-21.12 2-02.34	2-28.59 2-07.47	2-30.58 1-01.59	2-31.30 1-00.32	31.30	15.56	Joona Korpi	

H12TR 1,85 km

		1. (247 m) [125]	2. (178 m) [96]	3. (168 m) [135]	4. (239 m) [114]	5. (233 m) [100]	6. (126 m) [150]	7. (81 m) [M]	Tulos (min/km)			
1.	Hannes Leinonen LaiVe	2-01.56 2-01.56	1-03.39 1-01.43	1-05.28 1-01.49	1-07.24 1-01.56	1-10.10 1-02.46	1-11.04 1-00.54	1-11.35 1-00.31	11.35	6.15	Hannes Leinonen	
2.	Atte Pentinsaari S-2000	1-01.46 1-01.46	2-04.16 2-02.30	2-09.30 2-05.14	2-17.17 2-07.47	2-20.34 2-03.17	2-21.49 2-01.15	2-22.24 2-00.35	22.24	12.06	Atte Pentinsaari	

D12TR 1,85 km

		1. (247 m) [125]	2. (178 m) [96]	3. (168 m) [135]	4. (239 m) [114]	5. (233 m) [100]	6. (126 m) [150]	7. (81 m) [M]	Tulos (min/km)			
1.	Saana Pentinsaari S-2000	2-03.27 2-03.27	2-07.09 2-03.42	2-11.56 2-04.47	2-17.21 2-05.25	1-21.24 1-04.03	1-23.11 1-01.47	1-23.50 1-00.39	23.50	12.52	Saana Pentinsaari	
2.	Anni Tanner Pohjant	1-03.26 1-03.26	1-06.54 1-03.28	1-11.03 1-04.09	1-15.55 1-04.52	2-21.57 2-06.02	2-23.48 2-01.51	2-25.04 2-01.16	25.04	13.32	Anni Tanner	

H10RR 1,85 km

		1. (92 m) [145]	2. (202 m) [146]	3. (284 m) [147]	4. (159 m) [148]	5. (288 m) [149]	6. (91 m) [150]	7. (81 m) [M]	Tulos (min/km)			
1.	Juho Joutsenvaara S-2000	2-02.05 2-02.05	1-04.09 1-02.04	1-09.52 1-05.43	1-15.14 1-05.22	1-20.51 1-05.37	1-23.22 1-02.31	1-24.01 1-00.39	24.01	12.58	Juho Joutsenvaara	
2.	Juho Kempainen S-2000	1-01.58 1-01.58	2-04.42 2-02.44	2-12.04 2-07.22	2-19.47 2-07.43	2-27.59 2-08.12	2-30.41 2-02.42	2-31.45 2-01.04	31.45	17.09	Juho Kempainen	

D10RR 1,85 km

		1. (92 m) [145]	2. (202 m) [146]	3. (284 m) [147]	4. (159 m) [148]	5. (288 m) [149]	6. (91 m) [150]	7. (81 m) [M]	Tulos (min/km)			
1.	Emilia Ekonoja PelPo	1-00.51 1-00.51	1-02.09 1-01.18	1-05.32 1-03.23	1-07.31 1-01.59	1-09.50 1-02.19	1-10.46 1-00.56		10.46	5.49	Emilia Ekonoja	
2.	Emma Tanner Pohjant	2-01.32 2-01.32	2-03.12 2-01.40	2-06.55 2-03.43	2-14.10 3-07.15	2-18.50 2-04.40	2-20.42 2-01.52	1-21.22 1-00.40	21.22	11.32	Emma Tanner	
3.	Iida Tanner Pohjant	3-03.13 3-03.13	3-06.33 3-03.20	3-13.30 3-07.06	3-17.29 2-03.50	3-27.35 3-10.06	3-30.49 3-03.14	2-32.01 2-01.12	32.01	17.18	Iida Tanner	

D10RRS 1,85 km

		1. (92 m) [145]	2. (202 m) [146]	3. (284 m) [147]	4. (159 m) [148]	5. (288 m) [149]	6. (91 m) [150]	7. (81 m) [M]	Tulos (min/km)			
1.	Vilma Ekonoja PelPo	2-01.42 2-01.42	2-04.06 3-02.24	2-09.59 3-05.53	1-13.24 1-03.25	1-17.24 2-04.00	1-19.18 1-01.54	1-20.18 3-01.00	20.18	10.58	Vilma Ekonoja	
2.	Jonna Joutsenvaara S-2000	1-01.21 1-01.21	1-02.57 1-01.36	1-08.16 1-05.19	2-14.54 3-06.38	2-18.51 1-03.57	2-20.54 2-02.03	2-21.34 1-00.40	21.34	11.39	Jonna Joutsenvaara	
3.	Senni-Sofia Collin LänRa	3-03.48 3-03.48	3-05.57 2-02.09	3-11.49 2-05.52	3-16.29 2-04.40	3-24.25 3-07.56	3-27.01 3-02.36	3-27.55 2-00.54	27.55	15.05	Senni-Sofia Collin	

D35 2,88 km

		1. (380 m) [92]	2. (60 m) [93]	3. (254 m) [75]	4. (280 m) [95]	5. (479 m) [118]	6. (227 m) [102]	7. (217 m) [143]	8. (185 m) [97]	9. (192 m) [119]	10. (145 m) [138]	11. (190 m) [105]	12. (143 m) [150]	13. (81 m) [M]	Tulos (min/km)			
1.	Linda Ekonoja	PelPo	2-04.37 2-04.37	2-05.39 2-01.02	2-10.20 3-04.41	2-13.33 1-03.13	2-18.10 1-04.37	2-21.00 1-02.50	1-23.16 1-02.16	1-25.33 3-02.17	1-28.06 2-02.33	1-29.55 2-01.49	1-32.11 2-02.16	1-33.14 1-01.03	1-33.43 1-00.29	33.43	11.43	Linda Ekonoja
2.	Tarja Tanner	Pohjant	1-03.58 1-03.58	1-04.47 1-00.49	1-08.08 1-03.21	1-11.24 2-03.16	1-16.14 2-04.50	1-19.30 3-03.16	2-26.30 4-07.00	2-28.11 1-01.41	2-30.38 1-02.27	2-34.05 4-03.27	2-36.15 1-02.10	2-37.23 2-01.08	2-37.55 2-00.32	37.55	13.11	Tarja Tanner
3.	Anne Peltoniemi	S-2000	3-05.27 3-05.27	3-06.55 4-01.28	3-10.39 2-03.44	3-15.14 3-04.35	3-20.37 3-05.23	3-23.33 2-02.56	3-26.57 2-03.24	3-28.52 2-01.55	3-37.29 4-08.37	3-39.16 1-01.47	3-43.36 4-04.20	3-44.49 3-01.13	3-45.22 3-00.33	45.22	15.46	Anne Peltoniemi
4.	Anna-Eerika Tepsa	LapVe	4-09.29 4-09.29	4-10.47 3-01.18	4-16.22 4-05.35	4-21.33 4-05.11	4-29.52 4-08.19	4-35.16 4-05.24	4-39.55 3-04.39	4-43.48 4-03.53	4-49.24 3-05.36	4-52.35 3-03.11	4-56.41 3-04.06	4-58.35 4-01.54	4-59.14 4-00.39	59.14	20.36	Anna-Eerika Tepsa

H40 3,40 km

		1. (433 m) [93]	2. (126 m) [94]	3. (340 m) [95]	4. (241 m) [123]	5. (117 m) [122]	6. (247 m) [107]	7. (635 m) [102]	8. (223 m) [115]	9. (251 m) [97]	10. (192 m) [119]	11. (142 m) [104]	12. (186 m) [105]	13. (143 m) [150]	14. (81 m) [M]	Tulos (min/km)			
1.	Antti Ekonoja	PelPo	1-04.16 1-04.16	1-05.45 1-01.29	1-08.52 1-03.07	1-11.18 1-02.26	1-12.30 1-01.12	1-14.41 1-02.11	1-20.31 1-05.50	1-23.20 2-02.49	1-25.39 1-02.19	1-27.23 1-01.44	1-28.37 1-01.14	1-31.07 3-02.30	1-32.05 2-00.58	1-32.32 4-00.27	32.32	9.34	Antti Ekonoja
2.	Mikko Rapo	S-2000	3-06.39 3-06.39	3-09.54 4-03.15	2-13.30 2-03.36	2-16.22 2-02.52	2-17.59 4-01.37	2-20.59 4-03.00	2-28.09 4-07.10	2-33.55 4-05.46	2-36.58 4-03.03	2-39.56 4-02.58	2-41.30 2-01.34	2-44.53 4-03.23	2-45.53 3-01.00	2-46.19 1-00.26	46.19	13.37	Mikko Rapo
3.	Jouni Lukkarinen	Pohjant	2-06.08 2-06.08	2-07.41 2-01.33	3-19.17 4-11.36	3-22.50 4-03.33	3-24.10 2-01.20	3-27.04 2-02.54	3-33.03 2-05.59	3-35.55 3-02.52	3-38.54 2-02.59	3-41.25 4-02.37	3-44.02 3-46.04	3-46.58 2-02.02	3-47.24 1-00.54	3-47.24 1-00.26	47.24	13.56	Jouni Lukkarinen
4.	Juha Kinnunen	Pohjant	4-18.22 4-18.22	4-20.18 3-01.56	4-25.15 3-04.57	4-28.40 3-03.25	4-30.01 3-01.21	4-32.59 3-02.58	4-39.04 3-06.05	4-41.49 1-02.45	4-44.51 3-03.02	4-47.26 3-02.35	4-49.55 3-02.29	4-51.55 1-02.00	4-52.56 4-01.01	4-53.22 1-00.26	53.22	15.41	Juha Kinnunen

D40 2,88 km

		1. (380 m) [92]	2. (60 m) [93]	3. (254 m) [75]	4. (280 m) [95]	5. (479 m) [118]	6. (227 m) [102]	7. (217 m) [143]	8. (185 m) [97]	9. (192 m) [119]	10. (145 m) [138]	11. (190 m) [105]	12. (143 m) [150]	13. (81 m) [M]	Tulos (min/km)			
1.	Anna Kurkela	OH	2-05.16 2-05.16	1-06.11 1-00.55	1-09.38 1-03.27	1-13.54 1-04.16	1-19.14 2-05.20	1-22.39 1-03.25	1-26.09 2-03.30	1-28.21 2-02.12	1-30.52 2-02.31	1-33.10 2-02.18	1-35.48 2-02.38	1-37.00 2-01.12	1-37.34 2-00.34	37.34	13.04	Anna Kurkela
2.	Pauliina Salmela	S-2000	1-05.15 1-05.15	2-06.13 2-00.58	2-10.21 2-04.08	2-10.35 2-08.14	2-23.39 1-05.04	2-27.20 2-03.41	2-30.02 1-02.42	2-31.55 1-01.53	2-34.19 1-02.24	2-36.11 1-01.52	2-38.42 1-02.31	2-39.53 1-01.11	2-40.19 1-00.26	40.19	14.01	Pauliina Salmela
3.	Ritva Ronkainen	LapVe										3-40.28 3-04.22	3-46.42 3-01.52	3-47.28 3-00.46	47.28	16.30	Ritva Ronkainen	

H45 3,40 km

		1. (433 m) [93]	2. (126 m) [94]	3. (340 m) [95]	4. (241 m) [123]	5. (117 m) [122]	6. (247 m) [107]	7. (635 m) [102]	8. (223 m) [115]	9. (251 m) [97]	10. (192 m) [119]	11. (142 m) [104]	12. (186 m) [105]	13. (143 m) [150]	14. (81 m) [M]	Tulos (min/km)			
1.	Melker Pettersson	OK Renen	2-03.47 2-03.47	2-05.17 3-01.30	2-07.46 1-02.29	2-09.47 2-02.01	2-10.49 3-01.02	1-12.46 1-01.57	1-17.44 1-04.58	1-19.47 1-02.03	1-21.55 2-02.08	1-23.29 1-01.34	1-25.03 5-01.34	1-27.03 2-02.00	1-27.59 5-00.56	1-28.27 5-00.28	28.27	8.22	Melker Pettersson
2.	Jari Määttä	Kemiju	3-04.06 3-04.06	3-05.24 1-01.18	3-09.28 4-04.04	3-11.22 1-01.54	3-12.48 5-01.26	3-15.08 4-02.20	3-21.19 3-06.11	2-25.32 5-04.13	2-27.36 1-02.04	2-29.17 2-01.41	2-30.34 2-01.17	2-32.21 1-01.47	2-33.13 1-00.52	2-33.39 3-00.26	33.39	9.53	Jari Määttä
3.	Jarno Kempainen	S-2000	6-05.59 6-05.59	6-08.10 6-02.11	4-11.17 3-03.07	4-13.59 4-02.42	4-15.04 4-01.05	4-17.18 2-02.14	4-24.21 5-07.03	3-27.35 3-03.14	3-31.08 5-03.33	3-33.25 3-02.17	3-34.54 3-01.29	3-37.28 4-02.34	3-38.23 2-00.55	3-38.49 3-00.26	38.49	11.25	Jarno Kempainen
4.	Markus Ronkainen	LapVe														41.34	12.13	Markus Ronkainen	
5.	Marko Järvelin	PeRa	5-05.39 5-05.39	5-07.44 5-02.05	5-12.06 5-04.22	5-15.54 5-03.48	5-17.46 6-01.52	5-21.11 6-03.25	5-28.06 4-06.55	4-31.31 4-03.25	4-34.32 4-03.01	4-36.59 5-02.27	4-38.57 6-01.58	4-41.11 3-02.14	4-42.14 6-01.03	4-42.35 1-00.21	42.35	12.31	Marko Järvelin
	Thomas Johansson	OK Renen	1-03.28 1-03.28	1-04.49 2-01.21	1-07.21 2-02.32	1-09.28 3-02.07	1-10.27 1-00.59	1-12.46 3-02.19	2-18.32 2-05.46		0-23.47	0-26.05 4-02.18	0-27.16 1-01.11	0-31.01 6-03.45	0-31.56 2-00.55	0-32.21 2-00.25			Thomas Johansson
	Janne Kotaniemi	AlatPi	4-05.02 4-05.02	4-06.36 4-01.34		0-14.55	0-15.55 2-01.00	0-18.17 5-02.22	0-31.08 6-12.51	0-33.38 2-02.30	0-36.23 3-02.45	0-39.16 6-02.53	0-40.48 4-01.32	0-43.30 5-02.42	0-44.25 2-00.55	0-45.00 6-00.35			Janne Kotaniemi

D45 2,88 km

		1. (380 m) [92]	2. (60 m) [93]	3. (254 m) [75]	4. (280 m) [95]	5. (479 m) [118]	6. (227 m) [102]	7. (217 m) [143]	8. (185 m) [97]	9. (192 m) [119]	10. (145 m) [138]	11. (190 m) [105]	12. (143 m) [150]	13. (81 m) [M]	Tulos (min/km)			
1.	Annika Vaara	LapVe	2-04.15 2-04.15	2-04.55 1-00.40	1-07.29 1-02.34	1-10.09 1-02.40	1-13.45 1-03.36	1-16.02 2-02.17	1-18.09 1-02.07	1-19.39 1-01.30	1-22.10 1-02.31	1-23.31 1-01.21	1-24.57 1-01.26	1-25.52 1-00.55	1-26.16 1-00.24	26.16	9.08	Annika Vaara
2.	Maria Laitinen	Ylikm	1-03.45 1-03.45	1-04.27 2-00.42	2-07.34 2-03.07	2-10.39 2-03.05	2-14.53 2-04.14	2-17.06 1-02.13	2-19.23 2-02.17	2-20.55 2-01.32	2-23.34 3-02.39	2-24.58 2-01.24	2-27.02 2-02.04	2-28.04 2-01.02	2-28.29 2-00.25	28.29	9.54	Maria Laitinen
3.	Annukka Goman	Pohjant	3-05.36 3-05.36	3-06.32 3-00.56	3-09.55 3-03.23	3-14.30 3-04.35	3-19.49 3-05.19	3-23.17 3-03.28	3-26.06 3-02.49	3-27.48 3-01.42	3-30.24 2-02.36	3-32.09 3-01.45	3-34.35 3-02.26	3-35.52 4-01.17	3-36.22 3-00.30	36.22	12.38	Annukka Goman
4.	Nina Frant	S-2000	4-06.19 4-06.19	4-07.27 4-01.08	4-11.30 4-04.03	4-17.08 4-05.38	4-23.13 4-06.05	4-26.58 4-03.45	4-30.56 4-03.58	4-33.16 4-02.20	4-36.33 4-03.17	4-39.01 5-02.28	4-41.48 4-02.47	4-43.03 3-01.15	4-43.37 4-00.34	43.37	15.10	Nina Frant
5.	Fruzsina Biro	HUN	5-08.32 5-08.32	5-10.07 5-01.35	5-16.36 5-06.29	5-23.26 5-06.50	5-34.25 5-10.59	5-40.13 5-05.48	5-44.51 5-04.38	5-47.54 5-03.03	5-51.55 5-04.01	5-54.11 4-02.16	5-58.23 5-04.12	5-1.00.20 5-01.57	5-1.01.10 5-00.50	1.01.10	21.16	Fruzsina Biro

H50 2,88 km

		1. (380 m) [92]	2. (60 m) [93]	3. (254 m) [75]	4. (280 m) [95]	5. (479 m) [118]	6. (227 m) [102]	7. (217 m) [143]	8. (185 m) [97]	9. (192 m) [119]	10. (145 m) [138]	11. (190 m) [105]	12. (143 m) [150]	13. (81 m) [M]	Tulos (min/km)			
1.	Hannu Huusko	PelPo	1-04.13 1-04.13	1-05.11 3-00.58	1-08.18 2-03.07	1-11.23 1-03.05	1-15.25 1-04.02	1-18.25 3-03.00	1-20.50 1-02.25	1-22.45 1-01.55	1-25.14 2-02.29	1-26.55 2-01.41	1-29.17 3-02.22	1-30.15 1-00.58	1-30.41 1-00.26	30.41	10.40	Hannu Huusko
2.	Vesa Koirikivi	RasTiimi	3-04.34	2-05.30	3-10.38	3-14.42	2-20.04	2-22.55	2-25.25	2-27.32	2-30.14	2-31.37	2-33.57	2-34.58	2-35.25	35.25	12.19	Vesa Koirikivi

			3-04.34	1-00.56	3-05.08	3-04.04	2-05.22	2-02.51	2-02.30	3-02.07	3-02.42	1-01.23	2-02.20	2-01.01	2-00.27			
3.	Veikko Maijala	OH	2-04.33 2-04.33	2-05.30 2-00.57	2-08.32 1-03.02	2-12.05 2-03.33	3-23.17 3-11.12	3-25.48 1-02.31	3-28.21 3-02.33	3-30.19 2-01.58	3-32.37 1-02.18	3-34.48 3-02.11	3-36.55 1-02.07	3-38.19 3-01.24	3-38.53 3-00.34	38.53	13.31	Veikko Maijala

D50 2,15 km

			1. (239 m) [90]	2. (195 m) [93]	3. (126 m) [94]	4. (503 m) [124]	5. (102 m) [102]	6. (296 m) [97]	7. (237 m) [138]	8. (190 m) [105]	9. (143 m) [150]	10. (81 m) [81]	Tulos (min/km)		
1.	Johanna Liinamaa	Pohjant	4-04.16 4-04.16	3-07.47 2-03.31	2-09.56 2-02.09	2-17.44 2-07.48	2-19.23 3-01.39	2-23.08 2-03.45	1-26.17 1-03.09	1-29.12 1-02.55	1-30.42 4-01.30	1-31.14 1-00.32	31.14	14.31	Johanna Liinamaa
2.	Maarit Leskelä	SievSi	1-02.40 1-02.40	2-07.06 5-04.26	5-17.10 5-10.04	4-25.20 3-08.10	4-26.59 3-01.39	3-30.56 3-03.57	2-35.30 3-04.34	2-39.46 2-04.16	2-40.56 1-01.10	2-41.28 1-00.32	41.28	19.17	Maarit Leskelä
3.	Mervi Maijala	OH	5-04.51 5-04.51	5-08.26 3-03.35	3-10.34 1-02.08	3-21.21 4-10.47	3-22.51 2-01.30	4-32.48 5-09.57	3-36.13 2-03.25	3-43.56 4-07.43	3-45.08 2-01.12	3-45.40 1-00.32	45.40	21.14	Mervi Maijala
4.	Lone-Maria Holopainen	S-2000	3-03.53 3-03.53	4-08.09 4-04.16	4-12.38 4-04.29	5-31.07 5-18.29	5-32.56 5-01.49	5-40.40 4-07.44	4-46.51 4-06.11	4-52.25 3-05.34	4-54.47 5-02.22	4-55.32 5-00.45	55.32	25.49	Lone-Maria Holopainen
	Heidi Komu	S-2000	2-02.48 2-02.48	1-05.19 1-02.31	1-07.31 3-02.12	1-14.12 1-06.41	1-15.38 1-01.26	1-18.44 1-03.06		0-23.30	0-24.43 3-01.13	0-25.15 1-00.32	Hyl.		Heidi Komu

H55 2,88 km

			1. (380 m) [92]	2. (60 m) [93]	3. (254 m) [75]	4. (288 m) [95]	5. (479 m) [118]	6. (227 m) [102]	7. (217 m) [143]	8. (185 m) [97]	9. (192 m) [119]	10. (145 m) [138]	11. (190 m) [105]	12. (143 m) [150]	13. (81 m) [81]	Tulos (min/km)		
1.	Jaakko Leppänen	JoS	1-03.48 1-03.48	1-04.35 2-00.47	1-07.19 2-02.44	1-09.55 1-02.36	1-13.27 1-03.32	1-15.45 1-02.18	1-17.39 1-01.54	1-19.20 1-01.41	1-21.41 2-02.21	1-22.54 1-01.13	1-24.36 1-01.42	1-25.40 3-01.04	1-26.06 2-00.26	26.06	9.04	Jaakko Leppänen
2.	Mika Rahkola	OH	2-04.02 2-04.02	2-05.03 3-01.01	2-07.52 3-02.49	2-11.09 3-03.17	2-15.13 2-04.04	2-17.31 1-02.18	2-19.31 2-02.00	2-21.21 3-03.50	2-23.53 3-02.32	2-25.30 3-01.37	2-27.13 2-01.43	2-28.05 1-00.52	2-28.27 1-00.22	28.27	9.53	Mika Rahkola
3.	Per Ögren	Bergnäset	3-06.49 3-06.49	3-07.29 1-00.40	3-10.07 1-02.38	3-13.00 2-02.53	3-21.00 3-08.48	3-24.16 3-02.28	3-26.34 3-02.18	3-28.16 2-01.42	3-30.08 1-01.52	3-31.24 2-01.16	3-34.13 3-02.49	3-35.14 2-01.01	3-35.45 3-00.31	35.45	12.26	Per Ögren

D55 2,15 km

			1. (239 m) [90]	2. (195 m) [93]	3. (126 m) [94]	4. (503 m) [124]	5. (102 m) [102]	6. (296 m) [97]	7. (237 m) [138]	8. (190 m) [105]	9. (143 m) [150]	10. (81 m) [81]	Tulos (min/km)		
1.	Kerttu Kanerva	LapVe	1-03.40 1-03.40	1-08.11 1-04.31	1-10.27 1-02.16	1-18.31 2-08.04	1-19.55 1-01.24	1-24.17 1-04.22	1-29.40 2-05.23	1-34.31 2-04.51	1-35.51 1-01.20	1-36.26 1-00.35	36.26	16.56	Kerttu Kanerva
2.	Maarit Tervo	SaKa	2-07.59 2-07.59	2-14.38 2-06.39	2-17.12 2-02.34	2-24.53 1-07.41	2-28.26 2-03.33	2-34.19 2-05.53	2-38.12 1-03.53	2-41.51 1-03.39	2-43.26 2-01.35	2-44.04 2-00.38	44.04	20.29	Maarit Tervo

H60 2,15 km

			1. (239 m) [90]	2. (195 m) [93]	3. (126 m) [94]	4. (503 m) [124]	5. (102 m) [102]	6. (296 m) [97]	7. (237 m) [138]	8. (190 m) [105]	9. (143 m) [150]	10. (81 m) [81]	Tulos (min/km)		
1.	Ingvar Isaksson	SIF	2-02.18 2-02.18	3-04.45 3-02.27	3-07.30 4-02.45	2-11.57 1-04.27	2-13.03 1-01.06	2-15.30 1-02.27	1-17.47 1-02.17	1-19.32 1-01.45	1-20.32 1-01.00	1-21.06 4-00.34	21.06	9.48	Ingvar Isaksson
2.	Tuomo Rantapelkonen	ONMKY	4-02.32 4-02.32	2-04.37 1-02.05	2-06.30 3-01.53	3-12.14 4-05.44	3-13.28 2-01.14	3-16.03 2-02.35	2-18.31 2-02.28	2-20.28 2-01.57	2-21.40 4-01.12	2-22.12 2-00.32	22.12	10.19	Tuomo Rantapelkonen
3.	Reima Rantanen	MSParma	1-02.12 1-02.12	1-04.27 2-02.15	1-06.09 1-01.42	1-11.15 2-05.06	1-12.37 4-01.22	1-15.24 3-02.47	3-19.25 4-04.01	3-23.07 4-03.42	3-24.14 3-01.07	3-24.46 1-00.32	24.46	11.31	Reima Rantanen
4.	Antti Tepsa	LapVe	3-02.30 3-02.30	4-16.24 4-13.54	4-18.11 2-01.47	4-23.52 3-05.41	4-25.12 3-01.20	4-28.06 4-02.54	4-30.44 3-02.38	4-33.19 3-02.35	4-34.24 2-01.05	4-34.57 3-00.33	34.57	16.15	Antti Tepsa

H65 2,15 km

			1. (239 m) [90]	2. (195 m) [93]	3. (126 m) [94]	4. (503 m) [124]	5. (102 m) [102]	6. (296 m) [97]	7. (237 m) [138]	8. (190 m) [105]	9. (143 m) [150]	10. (81 m) [81]	Tulos (min/km)		
1.	Markku Heikka	ONMKY	1-02.25 1-02.25	1-04.40 1-02.15	1-06.20 1-01.40	1-11.32 1-05.12	1-12.45 1-01.13	1-15.29 1-02.44	1-18.48 4-03.19	1-20.33 1-01.45	1-21.39 1-01.06	1-22.09 1-00.30	22.09	10.18	Markku Heikka
2.	Reino Kurkela	OH	2-02.48 2-02.48	2-05.23 2-02.35	2-07.16 3-01.53	3-13.17 4-06.01	3-14.36 3-01.19	2-17.35 2-02.59	2-20.23 2-02.48	2-22.39 2-02.16	2-23.47 2-01.08	2-24.19 2-00.32	24.19	11.18	Reino Kurkela
3.	Ari Korhonen	S-2000	3-03.00 3-03.00	3-05.36 3-02.36	3-07.20 2-01.44	2-13.08 3-05.48	2-14.25 2-01.17	3-19.01 5-04.36	3-22.04 3-03.03	3-25.13 4-03.09	3-26.33 4-01.20	3-27.09 3-00.36	27.09	12.37	Ari Korhonen
4.	Karl-Erik Lindbäck	Älvsby IF	5-04.07 5-04.07	4-07.11 4-03.04	4-10.55 4-03.44	4-21.16 5-10.21	4-22.46 5-01.30	4-26.26 4-03.40	4-31.11 5-04.45	4-36.20 5-05.09	4-37.42 5-01.22	4-38.20 5-00.38	38.20	17.49	Karl-Erik Lindbäck
5.	Esa Lehto	HS	4-03.04 4-03.04	5-18.36 5-15.32	5-26.04 5-07.28	5-31.42 2-05.38	5-33.10 4-01.28	5-36.19 3-03.09	5-38.41 1-02.22	5-40.57 2-02.16	5-42.09 3-01.12	5-42.46 4-00.37	42.46	19.53	Esa Lehto

D65 2,15 km

			1. (239 m) [90]	2. (195 m) [93]	3. (126 m) [94]	4. (503 m) [124]	5. (102 m) [102]	6. (296 m) [97]	7. (237 m) [138]	8. (190 m) [105]	9. (143 m) [150]	10. (81 m) [81]	Tulos (min/km)		
1.	Kii Korhonen	OH	1-03.10 1-03.10	1-06.20 1-03.10	1-08.45 1-02.25	1-17.51 1-09.06	1-19.49 1-01.58	1-24.12 1-04.23	1-28.10 1-03.58	1-31.13 1-03.03	1-32.42 1-01.29	1-33.24 2-00.42	33.24	15.32	Kii Korhonen
2.	Vappu Kuusela	VaKa	2-04.03 2-04.03	2-07.30 2-03.27	2-10.37 2-03.07		2-22.15	2-27.23 2-05.08	2-32.16 2-04.53	2-35.53 2-03.37	2-37.27 2-01.34	2-38.02 1-00.35	38.02	17.41	Vappu Kuusela

H70 2,15 km

		1. (239 m) [90]	2. (195 m) [93]	3. (126 m) [94]	4. (503 m) [124]	5. (102 m) [102]	6. (296 m) [97]	7. (237 m) [138]	8. (190 m) [105]	9. (143 m) [150]	10. (81 m) [M]	Tulos (min/km)		
1.	Risto Airaksinen	OuTa	1-02.27 1-02.27	1-04.45 1-02.18	1-06.32 2-01.47		1-13.37 9-05.34	1-19.11 1-02.35	1-21.46 2-02.42	1-24.28 1-01.09	1-25.37 3-00.34	26.11	12.10 Risto Airaksinen	
2.	Jan Lindelöf	SIF	7-04.03 7-04.03	5-07.16 5-03.13	3-08.58 1-01.42	2-16.39 5-07.41	3-17.43 1-01.04	3-21.00 2-03.17	2-23.45 2-02.45	2-28.33 9-04.48	2-29.44 2-01.11	2-30.14 1-00.30	30.14	14.03 Jan Lindelöf
3.	Esko Udd	LänRa	3-02.52 3-02.52	3-06.00 4-03.08	2-09.36 4-02.36	1-15.32 2-06.56	2-16.59 3-01.27	2-20.51 5-03.52	3-24.16 6-03.25	3-28.56 8-04.40	3-30.26 7-01.30	3-31.04 6-00.38	31.04	14.26 Esko Udd
4.	Kullervo Torikka	S-2000	2-02.42 2-02.42	2-05.42 3-03.00	7-12.06 10-06.24	4-19.01 1-06.55	4-20.20 2-01.19	4-23.47 3-03.27	4-26.49 3-03.02	4-30.23 6-03.34	4-31.45 4-01.22	4-32.21 4-00.36	32.21	15.02 Kullervo Torikka
5.	Eero Ruokamo	OuTa	4-02.53 4-02.53	6-07.31 6-04.38	5-09.33 3-02.02	6-20.18 8-10.45	7-21.51 4-01.33	5-25.05 1-03.14	5-28.20 5-03.15	5-30.48 1-02.28	5-32.04 3-01.16	5-32.41 5-00.37	32.41	15.12 Eero Ruokamo
6.	Kjell Sandström	Boden BK	5-03.10 5-03.10	4-06.04 2-02.54	4-09.27 6-03.23	5-19.54 7-10.27	6-21.27 4-01.33	6-25.16 4-03.49	6-28.28 4-03.12	6-31.13 3-02.45	6-32.47 9-01.34	6-33.25 6-00.38	33.25	15.32 Kjell Sandström
7.	Robert Svartholm	Gammelsta	6-03.38 6-03.38	7-08.27 7-04.49	6-11.32 5-03.05	3-18.55 3-07.23	5-20.57 8-02.02	7-25.29 7-04.32	7-29.40 8-04.11	7-33.05 5-03.25	7-34.35 7-01.30	7-35.08 2-00.33	35.08	16.20 Robert Svartholm
8.	Reijo Puurunen	OuTa	8-04.12 8-04.12	9-18.01 10-13.49	9-23.24 8-05.23	7-31.23 6-07.59	8-32.57 6-01.34	8-37.32 8-04.35	8-42.02 9-04.30	8-45.23 4-03.21	8-46.51 6-01.28	8-47.30 8-00.39	47.30	22.05 Reijo Puurunen
9.	Åke Ersson	ÖIF	10-17.05 10-17.05	10-28.15 9-11.10	10-31.42 7-03.27	8-39.14 4-07.32	9-41.10 7-01.56	9-45.34 6-04.24	9-49.42 7-04.08	9-53.20 7-03.38	9-54.47 5-01.27	9-55.36 9-00.49	55.36	25.51 Åke Ersson
	Pentti Poikela	LapVe	9-05.02 9-05.02	8-11.20 8-06.18	8-16.48 9-05.28								Kesk.	Pentti Poikela

H75 2,15 km

		1. (239 m) [90]	2. (195 m) [93]	3. (126 m) [94]	4. (503 m) [124]	5. (102 m) [102]	6. (296 m) [97]	7. (237 m) [138]	8. (190 m) [105]	9. (143 m) [150]	10. (81 m) [M]	Tulos (min/km)		
1.	Seppo Määttä	Kemiju	1-02.58 1-02.58	1-05.58 1-03.00	2-08.52 2-02.54	2-16.11 3-07.19	2-17.59 2-01.48	1-21.49 3-03.50	1-25.24 2-03.35	1-28.17 3-02.53	1-29.39 1-01.22	1-30.18 2-00.39	30.18	14.05 Seppo Määttä
2.	Olavi Lukkarinen	Pohjant	6-03.44 6-03.44	6-09.07 6-05.23	5-12.14 3-03.07	4-20.00 5-07.46	4-21.52 3-01.52	4-25.45 4-03.53	2-29.19 1-03.34	2-32.09 2-02.50	2-33.34 2-01.25	2-34.14 3-00.40	34.14	15.55 Olavi Lukkarinen
3.	Mauno Hanhela	HaHe	4-03.14 4-03.14	3-06.24 2-03.10	3-10.35 6-04.11	3-16.41 1-06.06	3-18.38 4-01.57	2-22.04 1-03.26	3-30.14 6-08.10	3-33.09 4-02.55	3-34.54 6-01.45	3-35.35 4-00.41	35.35	16.33 Mauno Hanhela
4.	Olle Dalhågg	ÖIF	5-03.35 5-03.35	7-12.12 7-08.37	6-15.47 5-03.35	6-23.06 3-07.19	6-25.03 4-01.57	6-29.25 5-04.22	4-33.30 4-04.05	4-37.02 5-03.32	4-38.37 5-01.35	4-39.23 6-00.46	39.23	18.19 Olle Dalhågg
5.	Hannu Juutinen	Pohjant	2-03.03 2-03.03	5-08.24 5-05.21	7-15.55 7-07.31	7-23.42 6-07.47	7-29.08 7-05.26	7-32.52 2-03.44	6-36.38 3-03.46	5-39.17 1-02.39	5-40.44 4-01.27	5-41.16 1-00.32	41.16	19.11 Hannu Juutinen
6.	Kjell Mörtberg	Boden BK	7-04.21 7-04.21	4-08.06 4-03.45	4-11.14 4-03.08	5-20.34 7-09.20	5-22.56 6-02.22	5-27.57 7-05.01	5-34.48 5-06.51	6-39.33 6-04.45	6-41.43 7-02.10	6-42.30 7-00.47	42.30	19.46 Kjell Mörtberg
	Eje Andersson	Boden BK											Hyl.	Eje Andersson
	Matts Engvall	Boden BK	3-03.08 3-03.08	2-06.22 3-03.14	1-08.31 1-02.09	1-15.36 2-07.05	1-17.16 1-01.40	2-22.04 6-04.48		0-39.07	0-40.33 3-01.26	0-41.15 5-00.42	Hyl.	Matts Engvall

D75 2,03 km

		1. (211 m) [135]	2. (435 m) [116]	3. (291 m) [128]	4. (125 m) [119]	5. (192 m) [97]	6. (128 m) [131]	7. (255 m) [133]	8. (230 m) [150]	9. (81 m) [M]	Tulos (min/km)		
1.	Aletta Biro	HUN	1-07.15 1-07.15	1-22.50 1-15.35	1-27.47 1-04.57	1-33.02 1-05.15	1-40.25 1-07.23	1-45.10 1-04.45	1-51.14 1-06.04	1-57.08 1-05.54	1-58.00 1-01.00	58.00	28.42 Aletta Biro